

Meditation Classes

What is Meditation?

An ordinary person may consider meditation as a worship or prayer. But it is not so. Meditation means awareness. Meditation can be listening to the birds ; going for a walk; jogging or gardening. As long as these activities are free from any other distraction to the mind, it is effective meditation.

Meditation is a profound form of relaxation that helps us to contact our inner spiritual source. This is not a subjective claim but is now being investigated by the scientists and being shown by an empirical fact.

Regular practice of meditation can bring about a state of inner peace and calmness that affects all aspects of our lives. The aim of meditation is to quieten the constant chatter of the mind, so that you can experience a state of inner stillness that is healing and regenerating.

Teacher: Joanne Gluson

When: Monday Mornings and Monday Nights
(except school holidays)

Cost: \$75 (5 sessions)

Time: Mornings 9.15am –10.15am
Nights 7.30pm-8.30pm

Payment must be paid in full before first class

GHOST TOUR GLEDSWOOD HOMESTEAD.

Come and tour with us and experience this beautiful old homestead by torch light that was built in 1810 by convicts.

Connect with the Spirits that reside in the in the convict built cellar and hear the dogs playing in the pet cemetery.

This beautiful old homestead and it's Spirits are waiting for you to share their stories.

After you are left wondering did you really feel, hear or see that, you will be able to discuss this with your Psychic medium Tour Guide Joanne Gluson over a light supper.

When : Friday Nights

Time: 8:00pm runs approximately 1 1/2 hours

Cost: \$60 per head light supper provided after tour.

Where: Gledswood Homestead and Winery

Address: 900 Camden Valley Way
Catherine Field NSW 2557

Bookings essential as limited spaces

To book contact The Crystal Shop
02 4655 3703

Supply own torch and camera



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The Crystal Shop Camden

TAROT WORKSHOP

What is Tarot?

Tarot is the ancient art of laying out and interpreting illustrated cards, to gain insights into your past, present and future. We all like the idea of being able to see into the future, so that we can be, forewarned of obstacles in our path. Tarot cards have been used for centuries as a way of granting us such insights.

With considering, all this information remember, the future can be altered, as your own free will, can never be taken away from you.

Teacher: Stephanie McKinnon

Dates: 26th April - 28th June (Thursday evenings 10 weeks)

Time: 7.00pm - 9.00pm

Cost: \$350 (payment must be made when making booking)

What you need to bring: Rider Waite tarot cards.
Pen and paper
Manual Provided

NUMEROLOGY WORKSHOP

What is Numerology?

Numerology is the study of the symbolism of numbers. Numerology is used to determine a person's personality, strengths and talents, obstacles, inner needs, emotional reactions and ways of dealing with others. Whether you use numerology to examine your life, take advantage of unexplored opportunities, confirm your talents or simply figure out where to go next, numerology can be a penetrating tool that helps you understand your self and loved ones better. Numerology presents the whole picture, revealing all the diverse parts of your personality and how they come together to create the person you are. With this complete view, you are able to make the most of your strengths.

Teacher: Stephanie McKinnon

Dates: TBA

Time: 7.00pm-9.00pm

DEVELOPMENT CIRCLE

Have you often known something before it has happened? Have you ever felt loved ones around you that have passed over? Are you interested in getting a better understanding of what it is all about by developing your Psychic and Spiritual Mediumship side?. We all have this ability, some stronger than others. It's all about developing our ability to our individual potential. Join like minded people as we grow to understand, strengthen and build within ourselves in a fun, relaxed, supportive environment with Kerry Nelson as your teacher who also works from the heart. Not only are you learning to bring this side of yourself out, but you are also learning more about bringing peace and harmony within yourself enabling you closer to your life's purpose.

There is no right or wrong, it is a personal inner self discovery journey. Are you ready for the ride of your life?

Teacher: Kerry Nelson

These classes are held every 2nd Tues night 7.00pm-9.00pm

Dates: Term 2: April 24th—19th June

Term 3: 17th July—11th September

Term 4: 9th October - 4th December

Cost: \$180 per term (payment must be paid in full of commencing the first night of each term).



Mediums and Tarot Readers

Sharon (**Medium**) Monday/Thursday: 9:40am-2.30pm
Kerry (**Tarot /Medium**) Monday And Fridays 10am-4pm
Stephanie (**Tarot/Medium**) Tuesday 10:00am-3:pm
Saturday 9:00am-3:00pm
Joanne (**Tarot/Medium**) Wednesdays 10am-3pm. and
Sundays : 10am-1.00pm

Janine (**Psychic Medium and Empath**) Tues/Thursdays 10am-2pm

Evening with Spirit: On these evenings, you will be part of a group audience that you may hear from your passed loved ones. These evenings can bring you great peace and comfort knowing our loved ones are still with us.

Dates 2012 Time 7.30pm– 9.30pm

27th April: Sharon Hood

11th May: Marijana

25th May: Kerry Nelson

1st June: Sharon Hood

22nd June: Stephanie McKinnon

29th June Kerry Nelson

13th July Sharon Hood

27th July: Mary King

3rd August: Sharon Hood and Kerry Nelson (\$35)

17th August: Mary King

31st August: Marijana

14th September: Sharon Hood

28th September: Stephanie McKinnon

12th October: Kerry Nelson

26th October: Sharon Hood

9th November: Mary King

23rd November: Stephanie McKinnon

7th December: Sharon Hood and Stephanie McKinnon(\$35)

NOT EVERYONE IS GUARANTEED A READING

Cost \$25 For one Medium

Cost \$35 For two Mediums

Payment must be made when making bookings.